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MOTIVATED TO EXPLORE | **BEYOND THE ABYSS**

Motivated to Explore
By Benedict Allen

motivation
quality of life

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The Ian Gardener Memorial Lecture

MOTIVATED TO EXPLORE | **BEYOND THE ABYSS**



By
Benedict Allen

A lecture for **motivation** in memory of Ian Gardener

Royal Geographical Society
Kensington Gore
London SW7 2AR
(Entrance on Exhibition Road)

11th April 2007 • 7.00pm

At this talk in aid of Motivation, Benedict Allen, world-renowned adventurer, author, TV presenter/filmmaker and public speaker, will talk about what it takes to become a top class explorer, from his first expedition across the Amazon when he was attacked by gold miners, to his arduous experiences in the desert and the Arctic. With his usual sense of humour he will reveal all, from his technique of immersing himself alone in indigenous communities to learn some of their skills, to his philosophy of rejecting the normal expedition “back-up” and revealing the contents of his famous survival kit.

One of Britain's most prominent explorers, Benedict pioneered the filming of modern expeditions for television. By not using a film crew he has allowed millions of people around the world to witness genuine adventures unfold in inhospitable terrain for the first time. It has been said that Benedict is “a cat who has used up six of his nine lives”.

Benedict's journeys are depicted in ten books, including two best sellers, and five BBC television series. He will be available on the evening to talk informally with audience members and to sign copies of his latest book, “Into the Abyss: Explores on the Edge of Survival”, which is about his latest adventure trekking 1,000 km with a dog team (filmed for the BBC TV series, “Icedogs”).



This annual lecture is dedicated to the memory of Ian Gardener, who was a great supporter of Motivation. His passion was geography and this led him to far corners of the world, discovering routes to places few others had been to. Each expedition was meticulously planned and raised substantial amounts in support of Motivation's work. He also raised our profile by speaking at the Royal Geographical Society about his experiences. Ian was tragically killed in a skiing accident in April 2005 at the age of 36.

Motivation is an international development charity that works in partnership with local organisations to create sustainable projects to enhance the quality of life of people with mobility disabilities in developing countries. Since 1991 Motivation has implemented 25 programmes in 34 countries.

More than 20 million people around the world are in desperate need of a wheelchair, and only 2% of disabled people in the



developing world have access to basic rehabilitation services. Due to a lack of support, resources and awareness, the majority of disabled people in developing countries are unable to work and experience very low status in society and extreme poverty.

Motivation's work is about ensuring that local organisations have the skills to build and provide wheelchairs and tricycles that are appropriate for the local environment, and the associated services. By working at grassroots and international level, Motivation also helps disabled people to find employment and to access their rights, enabling them to lead independent and dignified lives.

By purchasing tickets to Motivated to Explore you will help Motivation to transform the lives of disabled people all over the developing world. Thank you for your support.

Please feel free to come to the bar from 6.00pm or after the lecture to have a drink with Motivation staff.

Nearest tube station: South Kensington



Ticket application form

Please use capitals

Title _____

First name _____

Surname _____

Address _____

City/Town _____

County _____ Postcode _____

Telephone _____

Email _____

I would like to order _____ tickets to Motivated to Explore on 11th April 2007 at £15 each

I enclose a cheque/postal order payable to Motivation for a total of:

£ _____

Or
Please debit my: Delta / ~~Maestro~~ / Mastercard / Visa
(Delete as appropriate)

For the sum of £ _____

Card no: _____

Valid from date: _____

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Security code (last 3 digits on back of card): _____

Signed: _____

Please send this form with payment to:
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